

26 September 2023

Dear Parents and Carers,

### Year 9 Relationships and Education (RSE) Programme

Following October half-term, all Year 9 students will begin a specially devised Relationships and Sex Education programme. This will be delivered by their PSHE teachers in line with the most recent statutory changes to RSE delivery in the UK. You can find out more about our PSHE delivery and RSE policy by [clicking here](#).

The RSE Programme will make up a large part of PSHE delivery across the year and will continue through to the summer term. All content covered is carefully devised by our PSHE team and comprises a combination of in-house resources and thoroughly vetted external resources. The content covered will broadly include:

- **Relationships and Consent** – Developing understandings of what healthy relationships look like; being comfortable with your own decisions and respecting other people's decisions
- **Sex and the law** – Providing up-to-date information on the law with regards to young people and sex
- **Contraception** – the effectiveness, advantages and disadvantages of different types of contraception
- **Sexually Transmitted Infections** – What they are, dispelling myths and how to stay safe

Our goal is to help your child navigate this period of their life safely, while upholding their existing cultural and moral values. If you do not wish your child to take part, please refer to guidance in our RSE Policy, found [here](#).

If you would like any further details about this programme, please contact Cherian Mathan at [c.mathan@baconscollege.co.uk](mailto:c.mathan@baconscollege.co.uk)

Yours sincerely,

Cherian Mathan  
PSHE Curriculum Lead